# PREA and Access Considerations for Autistic People and People on the Autism Spectrum

February 4, 2025







## PREA RESOURCE CENTER

#### **Mission**

The mission of the PRC is to assist adult prisons and jails, juvenile facilities, lockups, community confinement, and tribal facilities in their efforts to eliminate sexual abuse by increasing their capacity for prevention, detection, monitoring, responses to incidents, and services to victims and their families.

The PRC is funded by the Bureau of Justice Assistance.

#### Logistics

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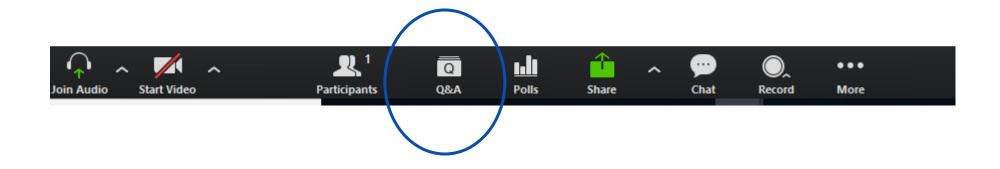
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#### Logistics

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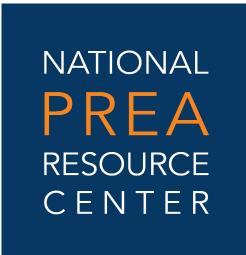
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#### **Agenda**

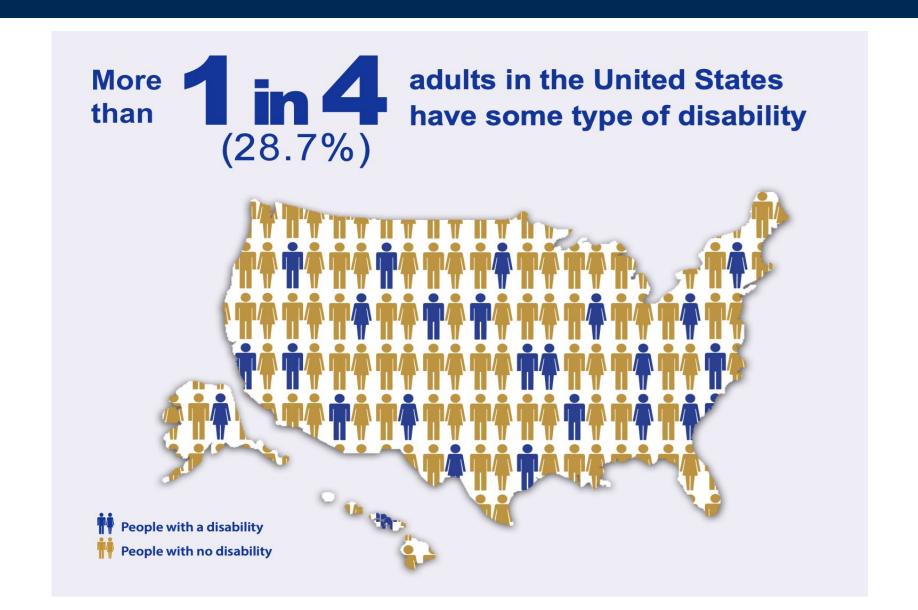
- Overview of Disability, Incarceration, and PREA.
- Understanding Autism.
- PREA and Autism.
- Resources.
- Q&A.



# Overview of Disability, Incarceration, and PREA



#### People with Disabilities in the United States





#### Victimization Disparities for People with Disabilities

- People with disabilities are more than twice as likely to experience sexual violence as people without disabilities.
- Nearly half of people with developmental disabilities are sexually assaulted 10 or more times.
- 20% of Deaf adults have experienced physical abuse by an intimate partner.
- 15% of Deaf adults have experienced forced sex in an intimate partner relationship.



#### **Disability Disparities in Jails**

#### **Non-psychiatric Disabilities**

40% of people in jail have a non-psychiatric disability;

4x more likely than the general population.

- Cognitive: 7x more likely
- Vision: 4x more likely
- Hearing: 3x likely

#### **Psychiatric Disabilities**

64% of people in jails report indicators of psychiatric disabilities.



#### Disability in State and Federal Prisons

40% of people in state and federal prisons have psychiatric disabilities.

56% of people in state and federal prisons have non-psychiatric disabilities.

Taken together, 80% of women and 65% of men in prison have at least one disability.



# Most Common Disabilities in State and Federal Prisons

#### **Most Reported Disability Types:**

Psychiatric: 40%

Cognitive: 23%

Autism is a type of cognitive disability.

Ambulatory: 12%

Vision: 11%



# Misunderstanding of Common Disability-related Behaviors Can Contribute to Arrest and Incarceration Disparities

# Common manifestations of disability that can lead to arrest and incarceration include:

- 'Atypical' reactions to social cues and commands.
- Slurred speech.
- Difficulty walking or atypical gait.
- Slow processing of questions or commands.
- Insufficient or complete lack of means for effective communication escalate interactions.



#### What Happens Inside?

Incarcerated people with disabilities are 3x more likely to be sexually abused than their counterparts without disabilities.



Photo credit: Podtoppen.se



115.16

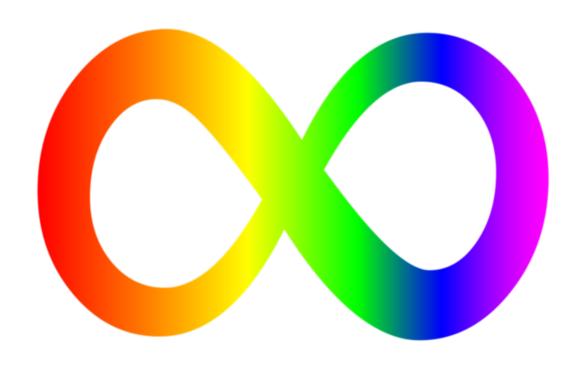
# Inmates with Disabilities and Inmates Who are Limited English Proficient

- 115.16 (a): The agency shall take appropriate steps to ensure that inmates with disabilities (including, for example, inmates who are deaf or hard of hearing, those who are blind or have low vision, or those who have intellectual, psychiatric, or speech disabilities), have an equal opportunity to participate in or benefit from all aspects of the agency's efforts to prevent, detect, and respond to sexual abuse and sexual harassment.
- 115.16 (c) The agency shall not rely on inmate/resident/detainee interpreters, readers, or other types of assistants except in limited circumstances where an extended delay could compromise the inmate's safety, the performance of first-response duties under § 115.64, or the investigation of the inmate's allegations.

### **Understanding Autism**

#### Autism is a Spectrum

Autism or Autism Spectrum
Disorder (ASD) is a developmental disability that affects how someone thinks, moves, socializes, communicates and understands the world. These terms include a wide range of traits that can manifest differently from person to person.

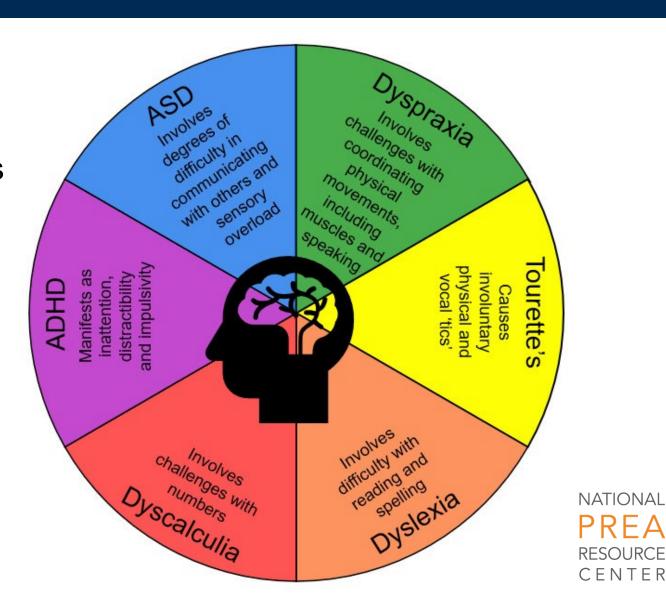




#### **Understanding Autism as Neurodiversity**

Neurodiversity is the idea that variation in brain function exists across the population. It describes how people interact with and experience the world in different ways.

- Autism.
- Attention-deficit/hyperactivity disorder (ADHD).
- Other learning disabilities.



#### **Language Matters**

# Most disability communities either use person-first or identity-first language:

- Person-first means placing the person before the disability: for example, "person with an intellectual disability" or "someone who uses a wheelchair."
- Identity-first means placing the disability label in front of the person: for example, "autistic person" or "blind person."
- The autistic community generally prefers identity-first language because it recognizes that autism isn't just a small part of their experience, but a large part of their lives.



#### Autistic People and People on the Spectrum in the U.S.

# Approximately 2.2% (1 in 45) of adults in the U.S. have autism or have been diagnosed with ASD.

- More men (about 4.4 million) are estimated to have ASD than women (about 1.1 million).
- About 1 in 36 children have been identified as having ASD.
- ASD is nearly 4 times more common in boys than girls.
- Autism and ASD are under-diagnosed in people of color and women and girls.



#### **Common Traits of Autism**

Behaviors and needs vary based on the environment, circumstances, and situation. Some common traits of autism include, but are not limited to:

- Prolonged or reduced eye contact.
- Prolonged or reduced motor movements.
- Verbal tics.
- Ritualized behavior (e.g., repetitive speech or organizing objects).
- Difficulty understanding social cues and interactions.



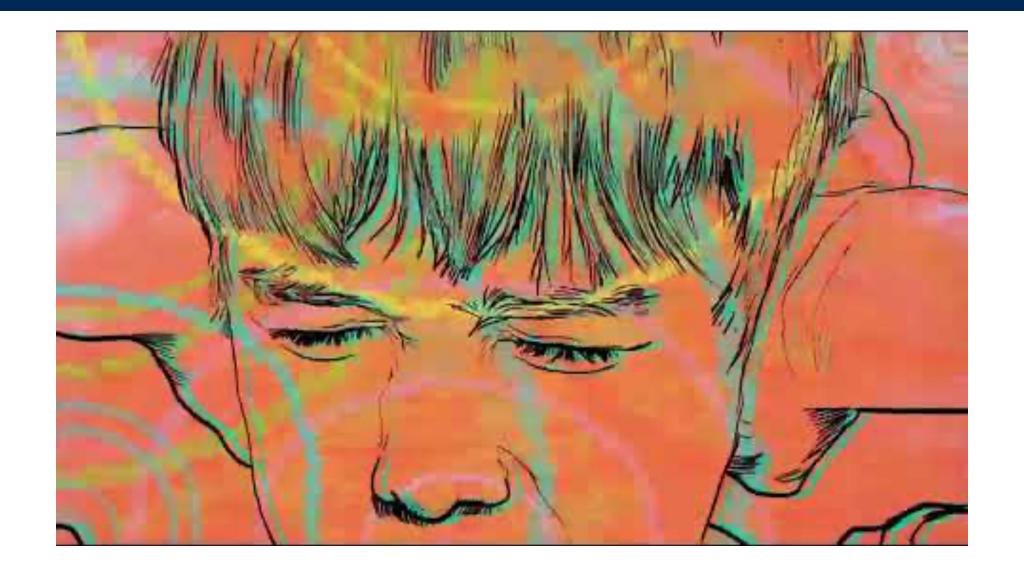
#### Common Ways Autistic People Experience the World

- Sensory differences May be over-sensitive to bright lights, certain sounds, smells, and textures.
- Communication barriers May not understand terminology, implied meanings, or idioms.
- Lack of understanding of norms and expectations – May not understand social cues, unwritten social rules, or social hierarchies.





#### **Sensory Issues: The Experience**





# Communication and Environmental Barriers for Autistic People in Custody

- Difficulties with communication and processing information.
- Sensitivity to bright lights, loud noises, and touch.
- Lack of understanding of the implied authority structure of a custody setting and the social and cultural environment of the facility.



#### Risks Created By Barriers

- May not understand their rights, how to report, or get help.
- May not be able to understand the rules, making compliance difficult.
- May melt down or act out and be labeled as dangerous or disobedient.
- May make autistic people targets for victimization and harassment.



#### In Their Own Words

"When Drew Harrison was in prison, just sitting in his cell overloaded his senses. To dim the fluorescent lights, he covered the bulbs with toothpaste or paper. To mask overwhelming odors, he wrapped his uniform around his head. Once, when he asked to stay longer in the prison yard, Harrison, who has autism, said he was told he was being insubordinate and was put in restrictive housing."





#### **PREA and Autism**



#### **Environmental Considerations**

# For PREA functions that include conversations or in-person delivery of information, including providing education (§115.33) and screening for risk (§115.41):

- Use quiet, low sensory spaces, if possible.
- If not possible, strive to have a low sensory space available on an "as needed" basis for follow-up meetings with people in custody struggling with sensory overload.
- To the extent possible, give people extra time to process information and ask questions.

#### **Screening (§115.41)**

#### **Setting Expectations and Providing Instructions**

- Explain what you are doing, why, and how long it will take.
- Tell the person they will not get in trouble if they don't answer the questions.
- Ask if they need any assistance other than you reading the questions aloud; make it clear what kind of assistance you can provide (e.g., a blank form to follow along with or a quieter space).



#### **Screening (§115.41) (cont.)**

#### **Asking Questions**

- Use plain language.
- Speak slowly and offer to repeat questions.
- Do not ask compound questions.





#### **Education (§115.33)**

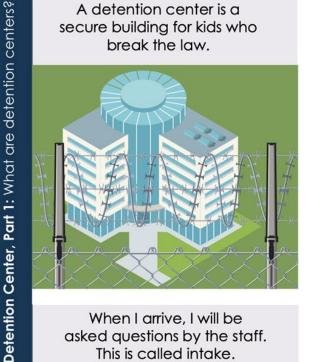
#### **Making PREA Information Accessible**

- Use materials written in plain language.
- Speak concretely and clearly autistic people may not understand the words related to sexual abuse.
- Check for understanding.
- Consider alternative communication strategies like picture boards and social stories.



### Sample **Social Story**

A detention center is a secure building for kids who break the law.



When I arrive, I will be asked questions by the staff. This is called intake.



If I break the law, I may have to stay in a detention center.



Staff may touch my clothes and check my body to make sure I don't have anything that could be unsafe.



The staff at the detention center supervise me and make sure I am safe.



This may require removing my clothes.





Pennsylvania's leading source of autism-related resources and information.

877-231-4244

The ASERT Collaborative is funded by the Office of Developmental Programs, PA Department of Human Services.



#### **Reporting (§115.51)**

If autistic people have better access to information and understand what to report and how to report, they will be more prepared and able to report sexual abuse and sexual harassment (§115.51).





#### Searches (§115.15) and First Response (§115.64)

- Many autistic people have sensory issues and are not comfortable with any touch.
- Staff should explain what they are going to do in very clear, concrete terms and how long it will take.
- Pictorial aids might be helpful for communication of first response actions.















#### Investigations (§115.71)

When a victim or witness is autistic or on the spectrum, typical autistic behaviors may present in ways that make an investigator doubt the person's credibility. For example:

- Not making eye contact.
- Stimming behaviors.
- Flat affect.
- Disjointed conversation.
- Inability to keep a linear timeline of events.



## Investigations (§115.71) (cont.)

# Considerations for investigative interviews with a victim or witness is autistic or on the spectrum:

- Interviews may take extra time.
- The autistic person may need a trusted staff person or other support person with them during interviews.
- Investigators should provide explanations at the outset that are concrete, clear, and in plain language.
- Low sensory spaces will make it easier for the autistic person to focus and communicate.



## **Employee Training (§115.31)**

To communicate professionally and effectively with autistic people and people on the spectrum, employees should be trained on the following:

- What autism is.
- Typical behaviors of autistic people.
- Ways of communicating with autistic people that will help them to feel safe and be able to comply with the rules.

Training should be ongoing and scenario-based to the extent possible.



### Resources



# Making PREA and victim services accessible for incarcerated people with disabilities:

An implementation guide for practitioners on the adult and juvenile standards

Sandra Harrell, Allison Hastings, and Margaret diZerega October 2015





## Making Written Materials Accessible



We use written materials to convey important information about our agencies and the resources and services available to the people we serve. It's essential that organizations that work with and serve people with disabilities — including all criminal legal agencies and programs — infuse accessibility in their materials. This includes any materials related to community engagement and reform initiatives.





Ensuring the accessibility of the materials for the broadest audience, whether print or electronic, depends on choices made throughout the development of the materials. It requires being intentional both about content (i.e., word choice and sentence structure) as well as formatting and appearance (i.e., font size and color choice).





June 2024

### **Additional Resources**

- Autism Services, Education, Resources and Training (ASERT): Justice Resource Collection
- Autistic Self-Advocacy Network (ASAN)
- Centers for Disease Control: Autism Spectrum Disorder (ASD)



### **Citations**

#### Slide 9

Centers for Disease Control and Prevention. Disability and Health Data System (July 2024), Available from: <a href="https://doi.org/dhds.cdc.gov.">dhds.cdc.gov.</a>

#### Slide 10

Amylee Mailhot Amborski, Eve-Line Bussière, Marie-Pier Vaillancourt-Morel, and Christian C. Joyal, "Sexual Violence Against Persons With Disabilities: A Meta-Analysis." *Trauma, Violence, & Abuse* 23, no. 4 (2022), 1330-1343. doi.org/10.1177/1524838021995975.



## Citations (2)

#### Slide 10

Leigh Ann Davis, "People with Intellectual Disabilities and Sexual Violence," The Arc, March, 2011, <a href="www.theArc.org/wp-content/uploads/forchapters/Sexual%20Violence.pdf">www.theArc.org/wp-content/uploads/forchapters/Sexual%20Violence.pdf</a>.

Robert Q. Pollard, Jr, Erika Sutter, and Catherine Cerulli, "Intimate partner violence reported by two samples of deaf adults via a computerized American sign language survey," *Journal of Interpersonal Violence* 29, no. 5 (2014): 948-965, doi:10.1177/0886260513505703.



## Citations (3)

#### Slide 11

Jennifer Bronson, Laura M. Maruschak, and Marcus Berzofsky, "Disabilities Among Prison and Jail Inmates, 2011-12," Bureau of Justice Statistics, December 14, 2015, bjs.ojp.gov/content/pub/pdf/dpji1112.pdf.

Jennifer Bronson and Marcus Berzofsky, "Indicators of Mental Health Problems Reported by Prisoners and Jail Inmates, 2011-12," Bureau of Justice Statistics, June 22, 2017, bjs.ojp.gov/content/pub/pdf/imhprpji1112.pdf.

#### **Slides 12-13**

Laurin Bixby, Stacey Bevan, and Courtney Boen, "The Links Between Disability, Incarceration, And Social Exclusion," *Health Affairs* 41, no. 10 (2022): 1460-1469, doi.org/10.1377/hlthaff.2022.00495.



## Citations (4)

#### Slide 15

Allen J. Beck et. al., "Sexual Victimization in Prisons and Jails reported by Inmates, 2011-2012," Bureau of Justice Statistics, May 2013, bjs.ojp.gov/content/pub/pdf/svpjri1112.pdf.

#### Slide 18

Photo Credit: Autism Spectrum Disorder Foundation, MyASDF.org/symbols-for-autism-what-do-they-mean/.

#### Slide 19

Photo Credit: Ott, Dana L., Emily Russo, and Miriam Moeller. "Neurodiversity, Equity, and Inclusion in MNCs." Academy of International Business Insights 22, no. 3 (2022). doi.org/10.46697/001c.34627.



## Citations (5)

#### Slide 21

"Key Findings: Estimated Number of Adults Living with Autism Spectrum Disorder in the United States, 2017", U.S. Centers for Disease Control and Prevention, May 18, 2024, accessed October 22, 2024, <a href="https://www.cdc.gov/autism/publications/adults-living-with-autism-spectrum-disorder.html">www.cdc.gov/autism/publications/adults-living-with-autism-spectrum-disorder.html</a>.

"Data and Statistics on Autism Spectrum Disorder", U.S. Centers for Disease Control and Prevention, May 16, 2024, accessed October 22, 2024, www.cdc.gov/autism/data-research/index.html.

#### Slide 24

Video Credit: Miguel Jiron, Produced for Interacting With Autism, available at https://www.youtube.com/watch?v=Sd8nqptNCol.



## Citations (6)

#### Slide 27

"Prison Is Even Worse When You Have a Disability Like Autism", The Marshall Project, November 11, 2020, accessed October 29, 2024, www.TheMarshallProject.org/2020/11/02/prison-is-even-worse-when-you-have-a-disability-like-autism.

Photo Credit: Judy Harrison.



## **Questions?**

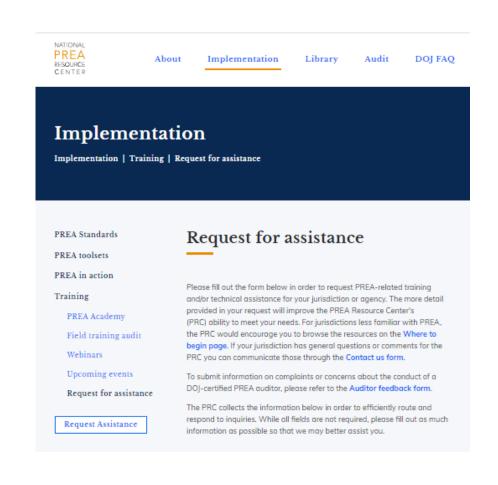




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# Sign Up for our PRC Newsletter

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# PREA RESOURCE CENTER

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For more information about the National PREA Resource Center, visit <a href="https://www.prearesourcecenter.org">www.prearesourcecenter.org</a>.

To ask a question, please visit our Contact Us page.



## Thank You!





### Notice of Federal Funding and Federal Disclaimer

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